

Trauma-Informed Care Training and Consultancy Package

Recommended Route

Inception Meeting and Client Brief

The consultancy and training team will meet with the organisation and discuss their needs, ambition, and current position. The client will be asked to provide a short brief to the team to form the basis of the proposal.

Associate Assigned and Proposal Created

The team will review the clients brief and assign an expert Associate to create a proposal for the organisation. We will work with the organisation to ensure the proposal is suitable for their needs.

Kick Off Meeting

Once the proposal has been agreed with the organisation, the team will meet with the client to clarify any aspects of the project, and determine key contacts and deliverables. This will also be a chance for the Associate to meet the client and explain their methodology.

Session with Senior Stakeholders

A half day activity to develop and deliver a session to key stakeholders (such as the Board, Trustees, Directors, and Senior Leadership/Management Team). This session will raise awareness of the importance of trauma-informed care, and detail the benefits and route for their organisation. This will allow senior stakeholders to relay their ambitions for their service and ask any questions on implementing trauma-informed care.

Focus Group

This focus group can be held with a range of people – from staff to service users. The aim of the focus group is to gauge the current knowledge, awareness, and concerns with trauma-informed care in the organisation. The focus group will help identify key areas to investigate and the ambitions of staff/service users.

Training

Dependent on the services requirements, a range of training courses can be delivered. We have numerous training courses which can be tailored to perfectly suit the needs of an organisation, which will allow participants to gain the confidence, skills and knowledge to model trauma-informed ways of working. This includes:

- Trauma-Informed: Theory and Principles
- Trauma-Informed: In Practice
- Trauma-Informed for Managers

- Stress, Vicarious Trauma, and Managing Wellbeing
- Reflective Practice and Resilience

Champions

From the training, 'Trauma-Informed Champions' will be identified. These Champions will receive extra training on how to continually assess and embed trauma-informed ways of working within their organisation.

Policy and Procedures

Depending on the needs of the organisation, the Associate will review, update, or create identified policies and procedures. This will ensure that staff are working to trauma-informed practice and culturally responsive principles, and prevent re-traumatisation.

Framework

Based on the organisations current position in becoming trauma-informed, a tailored trauma-informed framework will be produced. The framework can indicate an implementation plan, steps for organisational self-assessment, and how to collaboratively create a safe and supportive organisational environment.

Report

The Associate will produce a report detailing the work completed, lessons learned, and recommendations for the organisation.

Wrap-Up Meeting

Once the work has been completed, the Homeless Link team will meet with the client to review the work completed and identify any next steps.

Follow-Up Meeting

Between 6 – 12 months later, the Homeless Link team will meet with the client again to assess the impact and progress of the project.